

## Unpacking the Preach

Date: 8th August 2021  
Sermon Title: The Disciples Battle Against Sin: life in the Spirit  
Bible Passage: Romans 8: 1 - 13

### **Recapping the Preach**

Take time to read the passage from a few different translations.

- What stood out to you from this passage?
- Are there any questions you have from the text?
- Romans 8 is said to be one of the best loved chapters in the Bible - why do you think this is?

Stu broke the passage into three sections which provide further insights into our battle against sin. vs 1-4 focus on the security that a believer has in Christ.

- Break down Romans 8:1 and explore/discuss what each word means (Therefore, now, no, condemnation)?
- What does it mean that there is no condemnation for those in Christ Jesus?
- How does this truth encourage our hearts when we have stumbled and sinned?

Vs.5-11 focused on where we need to set our minds.

- What are the results of setting our mind on the 'flesh' and setting our minds on the Spirit? Make a list and contrast them?
- What do you think it means to 'have our minds set on the flesh'?
- What do you think it means to have our minds set on what the Spirit desires?
- How do you live out Paul's encouragement to 'have your mind set on what the Spirit desires'?
- Stu mentioned that there are three encouragements for us to set our minds on the Spirit in vs.9, 10, 11 (one in each verse). What are these and how do they encourage us?

Vs.12-13 outlined an obligation that we have to the Spirit.

- Why are we obligated to the Spirit?
- What is the practical obligation that we have?
- How do we practically, 'by the Spirit put to death the misdeeds of the body'?

### **Response**

- Is there anything from the preach and passage that you will be taking away to reflect on or work on?

### **Prayer pointers**

- Take time to share prayer requests and pray for one another.
- Pray that we would persevere in the battle against sin.

### **Additional resources:**

If you need some additional resources the below websites are useful:

- <https://www.gotquestions.org>
- <https://enduringword.com>
- <https://www.biblica.com>
- <https://biblehub.com/commentaries/>